



## **Lash Lift Treatment Post-Care Instructions:**

Proper aftercare is essential to maintain your Lash Lift results and ensure the longevity of the curl. Please follow these instructions carefully after your treatment:

### **First 24-48 Hours After Treatment:**

- Keep your lashes completely dry—avoid water, steam, sweat, and any moisture on the lashes.
- Do not rub, touch, or sleep on your face to prevent disturbing the lash shape.
- Avoid eye makeup (mascara, eyeliner, eyeshadow).
- Refrain from using oils, creams, serums, or makeup removers around the eye area.
- No swimming, saunas, steam rooms, hot yoga, or facials during this period.
- Avoid using eyelash curlers.

### **After 48 Hours:**

- You may resume wearing non-waterproof mascara and gentle eye makeup.
- Use a nourishing lash serum or lightweight oil (castor oil or keratin-based conditioner) to keep lashes healthy and hydrated.
- Gently cleanse your face and eye area with a non-oil-based, gentle cleanser.
- Brush your lashes daily with a clean spoolie to maintain their shape and separation.

### **Long-Term Maintenance Tips:**

- Avoid using waterproof mascaras frequently as they can weaken the lift over time.
- Be cautious when removing eye makeup—use gentle, oil-free removers.
- Results typically last 6-8 weeks, depending on your natural lash growth cycle.
- Lash lifts can be repeated every 6-8 weeks for continuous results.

### **Contact Us If:**

- You experience excessive irritation, redness, or signs of an allergic reaction.
- You notice unexpected lash fallout or discomfort.