



Lash Lift Treatment Pre-Care Instructions:

A lash lift is a semi-permanent treatment that lifts and curls your natural lashes, giving the appearance of longer, more defined lashes. To ensure optimal results and minimize the risk of irritation, please follow these pre-care guidelines.

48-72 Hours Prior to Treatment:

- Avoid using waterproof mascara, as it can leave a residue that is difficult to remove.
- Discontinue use of eyelash growth serums (such as Latisse® or other prostaglandin-based serums).
- Do not perm or manually curl your lashes.
- Avoid retinoids (Retin-A, Tretinoin), AHAs, BHAs, or exfoliating products around the eye area to minimize sensitivity.

24 Hours Prior to Treatment:

- Do not wear mascara or eyeliner.
- Avoid applying heavy creams, oils, or serums near the eyes.
- Avoid self-tanning products around the eye area.
- Ensure your eyelashes are free from any residual makeup or skincare products.

Day of Treatment:

- Arrive with clean, makeup-free eyes and lashes.
- Do not wear contact lenses to your appointment—bring glasses if needed.
- Avoid caffeine before your appointment if you are prone to twitching or sensitivity.
 - Inform your technician if you:
 - Have had eye surgeries, infections, or styes within the last 6 months.
 - Have very sensitive eyes, watery eyes, or chronic eye conditions (e.g., dry eye, blepharitis).
 - Are pregnant or breastfeeding (results may vary due to hormonal changes).

Important Notes:

- Lash lifts are not recommended for clients with very short, sparse, or weak natural lashes. Your provider will assess suitability during your consultation.