



Neuromodulator Treatment Post-Care Instructions:

To ensure optimal results and minimize side effects, please follow these guidelines after your neuromodulator treatment:

Immediately After Treatment (First 4 Hours):

- Stay Upright: Remain upright and avoid lying down for at least 4 hours.
- Avoid Touching, Rubbing, or Massaging the treated areas.
- Do not apply makeup or skincare products over the injection sites during this time.

For the First 24 Hours:

- Avoid strenuous physical activity or exercise.
- Do not expose treated areas to excessive heat such as saunas, hot tubs, tanning beds, or prolonged sun exposure.
- Avoid alcohol consumption to reduce the risk of bruising.
- No facials, facial massages, chemical peels, microneedling, or laser treatments in the treated areas.
- Refrain from wearing tight headwear or hats that could put pressure on the forehead.

For the First 3-5 Days:

- Continue avoiding massages, facials, or treatments that involve manipulation of the face.
- Be gentle when washing your face; avoid scrubbing the treated areas.

What to Expect:

- Minor swelling, redness, or pinpoint bruising at the injection sites is normal and typically resolves within a few hours to a couple of days.
- Full results may take 2-3 weeks to become visible.

- Results typically last 3-4 months, depending on individual metabolism and treatment area.

Contact Us If You Experience:

- Severe pain, significant swelling, or excessive bruising.
- Drooping of eyelids or eyebrows.
- Difficulty swallowing, speaking, or breathing (very rare but requires immediate attention).

Maintenance:

- Regular treatments every 4-6 months are recommended to maintain optimal results.