



Skin Booster Treatment Post-Care Instructions:

Proper aftercare is essential to maximize the benefits of your skin booster treatment and minimize any side effects. Please follow these guidelines carefully.

Immediately After Treatment (First 24–48 Hours)

- Mild redness, swelling, pinpoint bleeding, or small bumps at the treatment sites are normal and should resolve within 24–48 hours.
- Do **not** touch, rub, or massage the treated area.
- Avoid makeup for at least 24 hours. If needed afterward, use only clean brushes and mineral-based makeup.
- Cleanse with a gentle, non-exfoliating cleanser and lukewarm water. Pat dry—do not rub.
- Apply only the soothing serum or moisturizer recommended by your provider.
- Avoid alcohol and caffeine, as they may increase bruising.

3–5 Days After Treatment

- Continue to keep the skin well hydrated with a gentle, fragrance-free moisturizer or hyaluronic acid serum.
- Do not use retinoids, glycolic acid, salicylic acid, benzoyl peroxide, or other strong active ingredients until your provider advises it is safe (typically 5–7 days).
- Avoid facials, chemical peels, microneedling, or laser treatments for at least 1–2 weeks.
- Refrain from strenuous exercise, saunas, hot tubs, and excessive sweating for 48 hours to minimize irritation and swelling.
- Expect possible mild bruising or swelling, which should resolve within a few days.

Sun Protection

- Avoid direct sun exposure and tanning for at least 1 week.

- Use a broad-spectrum SPF 30+ daily starting 24 hours after treatment. Reapply every 2 hours when outdoors.
- Wear a wide-brimmed hat and protective clothing when possible.

General Healing & Results

- Skin may feel tighter, plumper, and more hydrated as results develop over the next 1–2 weeks.
- A series of treatments is often recommended for best results, depending on your provider's plan.
- Maintenance sessions may be suggested every few months to prolong benefits.

When to Contact Your Provider

- If you experience severe or worsening redness, swelling, pain, blistering, or signs of infection (such as pus or fever).
- If you have concerns about your healing or results.